

The 3/3/3 Rule

A general guideline for an adjustment period of a dog after adoption.

Every dog is unique and will take adjust differently.

3 DAYS	3 WEEKS	3 MONTHS
TO DECOMPRESS	TO LEARN YOUR ROUTINE	STARTS TO FEEL AT HOME
<ul style="list-style-type: none">● Feeling overwhelmed● May feel scared or unsure of what's going on● Not comfortable enough to be him/herself● May not want to eat or drink● Shuts down and/or hides under furniture● Tests boundaries	<ul style="list-style-type: none">● Starts settling in● Feels more comfortable● Figures out that this could be his/her forever home● Figures out his/her environment● Gets into a routine● Lets his/her guard down● May begin to show true personality● Behavior issues may start to appear	<ul style="list-style-type: none">● Finally feels completely comfortable in his/her new home● Begins to build trust and a true bond● Gains a complete sense of security with his/her new family● Sets into a routine

It doesn't happen overnight. GIVE THEM A CHANCE!



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